

# **Breast Health**

Can be maintained and problematic issues diminished by utilizing Myofascial Release therapy

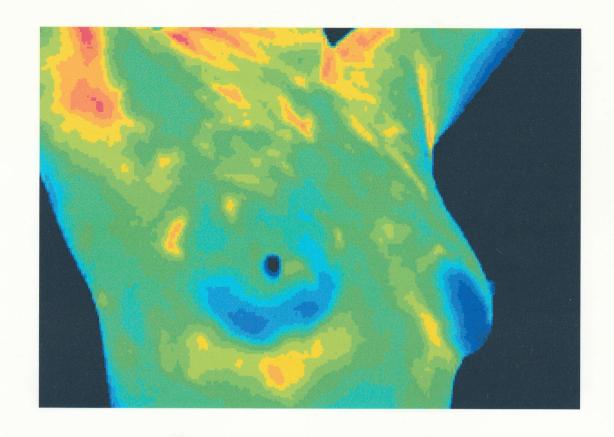
## **Prior to Treatment**

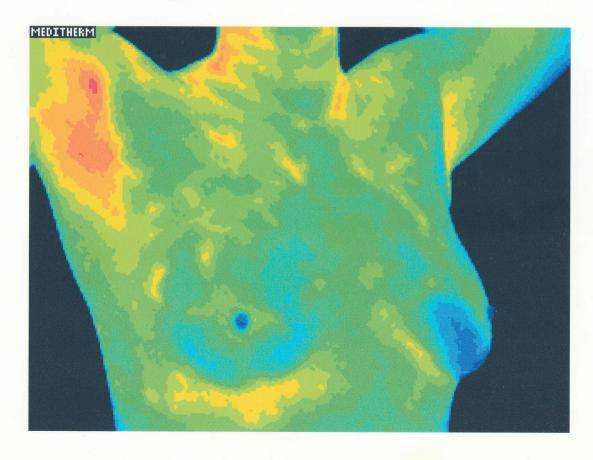
# **After 1 hour of Treatment**

Top Picture	Bottom Picture
Has two "suspicious areas" as noted by arrows	Suspicious areas diminished in size and vascularity
Patient complaining of nagging pain on the right side of the breast for past three years.	Patient stated the pain is completely gone one day post treatment and still gone 2 weeks post treatment.

Thermagraphy is a physiologic test that demonstrates thermal patterns in skin temperature that may be normal or which may indicate pain, injury, disease, or other abnormality. When read by trained and experienced MD's, thermagraphy can show breast abnormalities 8 years prior to mammography.

Patient no longer fears that her "suspicious areas" will become cancerous. She now has a way to keep her breasts' healthy and minimize her risk, giving her peace of mind.





## **Breast Treatment Case study**

### Patient 1

D.W. - 47 years old

History: 15 years post breast augmentation surgery, both silicone implants ruptured. Second surgery performed to replace silicone implants with saline implants.

Patient Complaint: Unsightly scarring, tightness across her chest, immobility of breast tissue, inverted nipples without sensation. Patient states being fearful of having anyone hug her or touch her breasts. Refuses mammograms for fear of rupturing saline implants.

Post Treatment (4 sessions): Breast tissue is softer. Breast position and how they fall more natural and anatomically correct. Nipples are no longer inverted and have a return of sensation.

Patient writes, "My nipples have sensation and are no longer inverted, and My breasts feel like an organic part of my body, and look totally natural. I don't flinch when I am hugged or my breasts are touched. The most important benefit....I now feel a deeper connection to myself and have great joy in reclaiming my body."

#### Patient 2

K.A. – 33 years old

History: Has been concerned for 3 years about small lump that she felt post pregnancy. Patient had thermagrams that showed 2 suspicious areas that need watching but did not show signs of vasculariy that would be indicative of disease/cancer. Patient complained of nagging pain in her right breast, axilla, and down right ribcage.

Post Treatment (1 session): Suspicious areas on thermagram are diminished. Patient stated that pain was completely gone after 1 treatment session and has remained gone.

Patient states that she no longer fears that her "suspicious areas" will become cancerous. She states that she now has a way to keep her breasts' healthy and minimize her risk, giving her peace of mind.